



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

Steinmann, Kathrin

Club: Mannheim  
Number: 1191

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:07:12

Speed: 10.71 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 111 (of 169)

Rank in course/Women: 15 (of 38)

Best time in course: 53:05

Rank in category: 1(of 4)

Best time in the category: 1:07:12