



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Kraft, Gina

Club: GW Mannheim
Number: 1076

Course: 12.00 km
12 km Run

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:08:13

Speed: 10.55 km/h
Running performance: 5:41 min/km

Rank in course/Total: 120 (of 169)

Rank in course/Women: 18 (of 38)

Best time in course: 53:05

Rank in category: 5(of 8)

Best time in the category: 58:10