



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Kemmerle, Emil

Club: Mailborp Running
Number: 1068

Course: 12.00 km
12 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:11:47

Speed: 10.03 km/h
Running performance: 5:59 min/km

Rank in course/Total: 140 (of 169)

Rank in course/Men: 117 (of 131)

Best time in course: 45:20

Rank in category: 10(of 12)

Best time in the category: 54:13