



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Schnell, Thomas**

Club: Laufftreff m3  
Number: 1138

Course: 12.00 km  
12 km Run

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:14:29

Speed: 9.67 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 148 (of 169)

Rank in course/Men: 122 (of 131)

Best time in course: 45:20

Rank in category: 25(of 25)

Best time in the category: 50:45