



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Schnell, Thomas

Club: Laufftreff m3
Number: 1138

Course: 12.00 km
12 km Run

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:14:29

Speed: 9.67 km/h
Running performance: 6:13 min/km

Rank in course/Total: 148 (of 169)

Rank in course/Men: 122 (of 131)

Best time in course: 45:20

Rank in category: 25(of 25)

Best time in the category: 50:45