



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Nährlich, Maximilian

Club: Mannheim
Number: 1101

Course: 12.00 km
12 km Run

Category:
Männer (20-29 Jahre)

Total time: 1:19:33

Speed: 9.05 km/h
Running performance: 6:38 min/km

Rank in course/Total: 161 (of 169)

Rank in course/Men: 128 (of 131)

Best time in course: 45:20

Rank in category: 15(of 16)

Best time in the category: 48:33