



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Dyx Herrera, Mayra

Club: Latin Power
Number: 1034

Course: 12.00 km
12 km Run

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:22:14

Speed: 8.76 km/h
Running performance: 6:51 min/km

Rank in course/Total: 164 (of 169)

Rank in course/Women: 35 (of 38)

Best time in course: 53:05

Rank in category: 4(of 4)

Best time in the category: 1:07:12