



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Allmann, Philipp

Club: Darmstadt
Number: 503

Course: 6.00 km
6 km Run

Category:
Männer (20-29 Jahre)

Total time: 29:32

Speed: 12.19 km/h
Running performance: 4:55 min/km

Rank in course/Total: 40 (of 204)

Rank in course/Men: 35 (of 112)

Best time in course: 21:52

Rank in category: 8(of 12)

Best time in the category: 21:52