



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Gröber, Stephanie

Club: MAnnheim
Number: 1047

Course: 12.00 km
12 km Run

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:42:18

Speed: 7.04 km/h
Running performance: 8:31 min/km

Rank in course/Total: 167 (of 169)

Rank in course/Women: 37 (of 38)

Best time in course: 53:05

Rank in category: 5(of 5)

Best time in the category: 1:01:16