



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Quartarone-Seitz, Sandra

Club: Mannheim
Number: 38

Course: 6.00 km
6 km Walk

Category:
Walking Frauen

Total time: 48:05

Speed: 7.49 km/h
Running performance: 8:01 min/km

Rank in course/Total: 9 (of 23)
Rank in course/Women: 5 (of 14)

Best time in course: 43:04

Rank in category: 5(of 14)
Best time in the category: 43:04