



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

König, Ingeborg

Club: Mannheim
Number: 16

Course: 6.00 km
6 km Nordic Walk

Category:
Walking Frauen

Total time: 50:20

Speed: 7.15 km/h
Running performance: 8:23 min/km

Rank in course/Total: 7 (of 21)
Rank in course/Women: 4 (of 16)
Best time in course: 48:47

Rank in category: 4(of 16)
Best time in the category: 48:47