



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Hirschmann, Martina

Club: Ludwigshafen
Number: 48

Course: 6.00 km
6 km Nordic Walk

Category:
Walking Frauen

Total time: 51:02

Speed: 7.05 km/h
Running performance: 8:31 min/km

Rank in course/Total: 9 (of 21)
Rank in course/Women: 6 (of 16)

Best time in course: 48:47

Rank in category: 6(of 16)
Best time in the category: 48:47