



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Förg, Elke

Club: Mannheim
Number: 11

Course: 6.00 km
6 km Nordic Walk

Category:
Walking Frauen

Total time: 51:26

Speed: 7.00 km/h
Running performance: 8:34 min/km

Rank in course/Total: 10 (of 21)
Rank in course/Women: 7 (of 16)
Best time in course: 48:47

Rank in category: 7(of 16)
Best time in the category: 48:47