



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Biundo, Enzo

Club: DJK SV Phönix Schifferstadt
Number: 4

Course: 6.00 km
6 km Nordic Walk

Category:
Walking Männer

Total time: 52:23

Speed: 6.87 km/h
Running performance: 8:44 min/km

Rank in course/Total: 12 (of 21)

Rank in course/Men: 4 (of 5)

Best time in course: 40:18

Rank in category: 4(of 5)

Best time in the category: 40:18