



7. Karlsternlauf  
Mannheim / 16.06.2013

Detailed evaluation

Hennrich, Anja

Club: Mannheim  
Number: 12

Course: 6.00 km  
6 km Nordic Walk

Category:  
Walking Frauen

Total time: 52:45

Speed: 6.82 km/h  
Running performance: 8:47 min/km

Rank in course/Total: 13 (of 21)  
Rank in course/Women: 9 (of 16)  
Best time in course: 48:47

Rank in category: 9(of 16)  
Best time in the category: 48:47