



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Vermoehlen, Ursula

Club: Top fit Center
Number: 19

Course: 6.00 km
6 km Nordic Walk

Category:
Walking Frauen

Total time: 53:14

Speed: 6.76 km/h
Running performance: 8:52 min/km

Rank in course/Total: 15 (of 21)
Rank in course/Women: 11 (of 16)

Best time in course: 48:47

Rank in category: 11(of 16)
Best time in the category: 48:47