



3. Sparkasse Charity Triathlon Bidingen Bidingen / 16.06.2013

Detailed evaluation

Jockel, Thomas

Club: SG Schlüchtern
Number: 218

Course: 37.25 km

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Category:

Senioren 1 MK40

Total time: 1:56:04

Speed: 19.13 km/h

Running performance: 3:07 min/km

Rank in course/Total: 25 (of 40)

Rank in course/Men: 22 (of 31)

Best time in course: 1:28:18

Rank in category: 3(of 6)

Best time in the category: 1:40:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.75	21:55	29:13	4	5:41	24	8:18	0.75	21:55	29:13	3	4:38	11	5:57
Zwischen Rad 1	-	12:34	-	3	1:29	23	2:41	0.75	34:29	-	3	6:07	11	5:59
Zwischen Rad 2	-	7:06	-	3	1:02	22	1:22	0.75	41:35	-	3	7:09	11	6:21
Zwischen Rad 1	-	10:12	-	3	1:36	23	2:09	0.75	51:47	-	3	8:45	11	6:11
Zwischen Rad 2	-	6:56	-	3	0:53	19	1:10	0.75	58:43	-	3	9:38	11	6:18
Zwischen Rad 1	-	10:07	-	3	1:40	19	2:01	0.75	1:08:50	-	3	11:18	11	5:54
Zwischen Rad 2	-	7:03	-	4	0:52	25	1:15	0.75	1:15:53	-	3	12:10	11	6:07
Rad	29.00	3:41	0:07	3	0:37	18	1:11	29.75	1:19:34	2:40	3	12:34	11	5:42
Zwischen Lauf 1	-	11:49	-	4	0:54	19	2:51	29.75	1:31:23	-	3	13:24	11	5:37
Zwischen Lauf 2	-	0:52	-	3	0:46	10	0:46	29.75	1:32:15	-	3	14:10	11	4:32
Zwischen Lauf 3	-	1:42	-	3	0:29	24	1:31	29.75	1:33:57	-	3	13:32	11	5:33
Zwischen Lauf 2	-	6:19	-	4	0:40	21	1:30	29.75	1:40:16	-	3	14:12	11	5:36
Strafzeit	-	fehlt!	-	-	-	-	-	29.75	-	-	-	-	-	-
Lauf	7.50	15:48	2:06	3	1:41	19	11:09	37.25	1:56:04	3:06	3	15:53	22	27:46