



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

Detailed evaluation

Lassek, Peter

Club: Frankfurt

Number: 354

Course: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Category:

Senioren 1 MK40

Total time: 2:26:45

Speed: 19.63 km/h

Running performance: 3:00 min/km

Rank in course/Total: 35 (of 60)

Rank in course/Men: 32 (of 53)

Best time in course: 1:53:51

Rank in category: 7(of 14)

Best time in the category: 2:04:01

Intermediate times								Stage score				Total ranking			
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.95	27:58	29:26	14	9:21	52	13:08	0.95	27:58	29:26	8	9:01	11	3:44	
Zwischen Rad 1	-	11:41	-	7	1:44	26	1:48	0.95	39:39	-	8	10:45	11	3:56	
Zwischen Rad 2	-	6:26	-	6	0:36	24	0:51	0.95	46:05	-	8	11:21	11	3:40	
Zwischen Rad 1	-	9:53	-	8	1:19	35	2:04	0.95	55:58	-	7	9:50	10	4:07	
Zwischen Rad 2	-	6:33	-	8	0:37	32	1:00	0.95	1:02:31	-	7	10:12	10	3:45	
Zwischen Rad 1	-	10:00	-	7	1:20	38	2:09	0.95	1:12:31	-	7	11:32	10	4:20	
Zwischen Rad 2	-	6:36	-	5	0:52	26	0:56	0.95	1:19:07	-	7	12:04	10	4:10	
Zwischen Rad 1	-	9:32	-	6	0:48	31	1:36	0.95	1:28:39	-	7	12:52	10	4:21	
Zwischen Rad 2	-	6:47	-	10	0:49	41	1:08	0.95	1:35:26	-	7	13:29	10	4:19	
Rad	38.00	4:09	0:06	8	1:02	41	1:44	38.95	1:39:35	2:33	7	14:31	10	5:20	
Zwischen Lauf 1	-	11:42	-	7	2:02	26	2:21	38.95	1:51:17	-	7	16:33	10	5:40	
Zwischen Lauf 3	-	2:33	-	5	0:29	20	0:29	38.95	1:53:50	-	7	17:02	10	5:38	
Zwischen Lauf 2	-	6:09	-	7	1:11	22	1:13	38.95	1:59:59	-	7	18:13	10	5:37	
Zwischen Lauf 3	-	5:45	-	5	1:02	18	1:14	38.95	2:05:44	-	7	19:15	10		
Zwischen Lauf 2	-	5:55	-	4	0:57	14	1:01	38.95	2:11:39	-	7	20:12	10		
Zwischen Lauf 3	-	5:41	-	5	0:59	17	1:06	38.95	2:17:20	-	7	21:11	10		
Zwischen Lauf 2	-	6:05	-	6	1:08	20	6:01	38.95	2:23:25	-	7	22:19	10		
Strafzeit	-	fehlt!	-	-	-	-	-	38.95	-	-	-	-	-	-	
Lauf	10.00	3:20	0:20	4	0:25	15	1:35	48.95	2:26:45	2:59	8	1:52:01	34	1:52:01	