



### 3. Sparkasse Charity Triathlon Bidingen Bidingen / 16.06.2013

#### Detailed evaluation

von Schmidt, Friedrich-Wilhelm

Club: Bad Nauheim  
Number: 366

Course: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Category:

Senioren 2 MK45

Total time: 2:29:47

Speed: 19.23 km/h

Running performance: 3:04 min/km

Rank in course/Total: 42 (of 60)

Rank in course/Men: 39 (of 53)

Best time in course: 1:53:51

Rank in category: 10(of 12)

Best time in the category: 2:05:35

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.95	21:50	22:58	3	2:28	17	7:00	0.95	21:50	22:58	13			18	
Zwischen Rad 1	-	11:56	-	10	1:50	34	2:03	0.95	33:46	-	13			18	
Zwischen Rad 2	-	6:38	-	11	0:45	37	1:03	0.95	40:24	-	13			18	
Zwischen Rad 1	-	9:14	-	7	1:01	22	1:25	0.95	49:38	-	13	0:57		17	
Zwischen Rad 2	-	6:28	-	9	0:35	28	0:55	0.95	56:06	-	13	1:29		17	
Zwischen Rad 1	-	9:21	-	7	1:16	22	1:30	0.95	1:05:27	-	13	2:45		17	
Zwischen Rad 2	-	6:37	-	9	0:51	28	0:57	0.95	1:12:04	-	13	3:28		17	
Zwischen Rad 1	-	9:29	-	9	1:17	27	1:33	0.95	1:21:33	-	13	4:45		17	
Zwischen Rad 2	-	6:26	-	8	0:37	24	0:47	0.95	1:27:59	-	13	5:16		17	
Rad	38.00	3:40	0:05	8	0:51	29	1:15	38.95	1:31:39	2:21	13	6:07		17	
Zwischen Lauf 1	-	14:10	-	12	4:12	50	4:49	38.95	1:45:49	-	13	10:12		17	0:12
Zwischen Lauf 3	-	3:07	-	12	1:00	48	1:03	38.95	1:48:56	-	13	11:03		17	0:44
Zwischen Lauf 2	-	7:26	-	12	2:21	48	2:30	38.95	1:56:22	-	13	13:12		17	2:00
Zwischen Lauf 3	-	6:52	-	12	2:08	48	2:21	38.95	2:03:14	-	13	14:58		17	
Zwischen Lauf 2	-	7:26	-	12	2:24	48	2:32	38.95	2:10:40	-	13	16:52		17	
Zwischen Lauf 3	-	7:14	-	12	2:33	49	2:39	38.95	2:17:54	-	13	18:52		17	
Zwischen Lauf 2	-	7:37	-	12	2:39	48	7:33	38.95	2:25:31	-	13	20:54		17	0:45
Strafzeit	-	fehlt!	-	-	-	-	-	38.95	-	-	-	-	-	-	-
Lauf	10.00	4:16	0:25	12	1:22	49	2:31	48.95	2:29:47	3:03	10	24:12		41	1:55:03