



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

Detailed evaluation

Denger, Dirk

Club: 1.FC Kaiserslautern

Number: 355

Course: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Category:

Senioren 1 MK40

Total time: 2:30:42

Speed: 19.49 km/h

Running performance: 3:05 min/km

Rank in course/Total: 44 (of 60)

Rank in course/Men: 41 (of 53)

Best time in course: 1:53:51

Rank in category: 10(of 14)

Best time in the category: 2:04:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.95	23:19	24:32	8	4:42	24	8:29	0.95	23:19	24:32	11	4:22	20	
Zwischen Rad 1	-	12:58	-	12	3:01	48	3:05	0.95	36:17	-	11	7:23	20	0:34
Zwischen Rad 2	-	7:02	-	14	1:12	51	1:27	0.95	43:19	-	11	8:35	20	0:54
Zwischen Rad 1	-	11:20	-	13	2:46	52	3:31	0.95	54:39	-	10	8:31	19	2:48
Zwischen Rad 2	-	7:08	-	13	1:12	50	1:35	0.95	1:01:47	-	10	9:28	19	3:01
Zwischen Rad 1	-	10:27	-	10	1:47	45	2:36	0.95	1:12:14	-	10	11:15	19	4:03
Zwischen Rad 2	-	7:02	-	13	1:18	49	1:22	0.95	1:19:16	-	10	12:13	19	4:19
Zwischen Rad 1	-	10:18	-	11	1:34	46	2:22	0.95	1:29:34	-	10	13:47	19	5:16
Zwischen Rad 2	-	7:02	-	13	1:04	51	1:23	0.95	1:36:36	-	10	14:39	19	5:29
Rad	38.00	4:43	0:07	10	1:36	47	2:18	38.95	1:41:19	2:36	10	16:15	19	7:04
Zwischen Lauf 1	-	12:12	-	10	2:32	38	2:51	38.95	1:53:31	-	10	18:47	19	7:54
Zwischen Lauf 3	-	2:33	-	5	0:29	20	0:29	38.95	1:56:04	-	10	19:16	19	7:52
Zwischen Lauf 2	-	6:13	-	8	1:15	27	1:17	38.95	2:02:17	-	10	20:31	19	7:55
Zwischen Lauf 3	-	5:55	-	8	1:12	26	1:24	38.95	2:08:12	-	10	21:43	19	2:18
Zwischen Lauf 2	-	6:24	-	8	1:26	28	1:30	38.95	2:14:36	-	10	23:09	19	2:10
Zwischen Lauf 3	-	6:06	-	9	1:24	32	1:31	38.95	2:20:42	-	10	24:33	19	2:18
Zwischen Lauf 2	-	6:26	-	8	1:29	33	6:22	38.95	2:27:08	-	10	26:02	19	2:22
Strafzeit	-	fehlt!	-	-	-	-	-	38.95	-	-	-	-	-	-
Lauf	10.00	3:34	0:21	8	0:39	25	1:49	48.95	2:30:42	3:04	11	1:55:58	43	1:55:58