



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Ludwig, Joerg

Club: LT Dilsm
Number: 225

Course: 37.25 km

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Category:

Senioren 2 MK45

Total time: 2:01:18

Speed: 18.30 km/h

Running performance: 3:16 min/km

Rank in course/Total: 29 (of 40)

Rank in course/Men: 25 (of 31)

Best time in course: 1:28:18

Rank in category: 8(of 9)

Best time in the category: 1:36:15

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.75	19:23	25:50	4	3:25	15	5:46	0.75	19:23	25:50	8	2:19	8	3:25	
Zwischen Rad 1	-	12:53	-	8	1:21	25	3:00	0.75	32:16	-	8	3:06	8	3:46	
Zwischen Rad 2	-	7:23	-	8	1:00	25	1:39	0.75	39:39	-	8	4:05	8	4:25	
Zwischen Rad 1	-	10:27	-	9	1:10	26	2:24	0.75	50:06	-	8	5:07	8	4:30	
Zwischen Rad 2	-	7:30	-	9	0:53	29	1:44	0.75	57:36	-	8	6:00	8	5:11	
Zwischen Rad 1	-	10:37	-	9	1:15	27	2:31	0.75	1:08:13	-	8	7:07	8	5:17	
Zwischen Rad 2	-	7:15	-	9	0:39	27	1:27	0.75	1:15:28	-	8	7:42	8	5:42	
Rad	29.00	6:34	0:13	9	3:30	31	4:04	29.75	1:22:02	2:45	8	11:12	8	8:10	
Zwischen Lauf 1	-	12:27	-	7	1:23	23	3:29	29.75	1:34:29	-	8	12:35	8	8:43	
Zwischen Lauf 2	-	1:43	-	7	0:57	26	1:37	29.75	1:36:12	-	8	13:18	7	8:29	
Zwischen Lauf 3	-	1:00	-	2	0:19	5	0:49	29.75	1:37:12	-	8	12:38	8	8:48	
Zwischen Lauf 2	-	6:54	-	7	1:15	24	2:05	29.75	1:44:06	-	8	12:30	8	9:26	
Strafzeit	-	fehlt!	-	-	-	-	-	29.75	-	-	-	-	-	-	
Lauf	7.50	17:12	2:17	8	12:33	25	12:33	37.25	2:01:18	3:15	8	25:03	25	33:00	