



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Lohmann, Sandra

Club: Brandloyalty

Number: 11

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

Seniorinnen 1 WK40

Total time: 1:36:48

Speed: 15.50 km/h

Running performance: 3:47 min/km

Rank in course/Total: 97 (of 119)

Rank in course/Women: 25 (of 32)

Best time in course: 1:09:39

Rank in category: 2(of 2)

Best time in the category: 1:27:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.55	15:41	28:30	2	1:03	11	4:23	0.55	15:41	28:30	1	-	33		
Zwischen Rad 1	-	15:17	-	2	0:38	25	4:07	0.55	30:58	-	1	-	33	0:39	
Zwischen Rad 2	-	8:04	-	1	-	23	1:40	0.55	39:02	-	1	-	33	1:48	
Zwischen Rad 1	-	12:59	-	2	0:58	25	3:47	0.55	52:01	-	1	-	33	4:12	
Zwischen Rad 2	-	8:05	-	1	-	24	1:28	0.55	1:00:06	-	1	-	33	4:54	
Rad	20.00	3:50	0:11	1	-	19	0:57	20.55	1:03:56	3:06	1	-	33	4:54	
Zwischen Lauf 1	-	15:39	-	2	3:03	27	5:35	20.55	1:19:35	-	1	-	32	7:39	
Zwischen Lauf 2	-	12:17	-	2	2:42	28	4:43	20.55	1:31:52	-	1	-	32	10:30	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-	-
Lauf	5.00	4:56	0:59	2	1:04	28	3:54	25.55	1:36:48	3:47	2	9:13	26	40:21	