



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Steinhauer, Ulla

Club: Bad Nauheim
Number: 236

Course: 37.25 km

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Category:

Seniorinnen 3 WK50

Total time: 2:09:39

Speed: 17.12 km/h

Running performance: 3:29 min/km

Rank in course/Total: 35 (of 40)

Rank in course/Women: 7 (of 9)

Best time in course: 1:47:12

Rank in category: 2(of 2)

Best time in the category: 1:47:12

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.75	23:10	30:53	2	7:12	9	7:55	0.75	23:10	30:53	2	7:12	7	7:12	
Zwischen Rad 1	-	13:44	-	2	2:11	5	2:11	0.75	36:54	-	2	9:23	7	9:23	
Zwischen Rad 2	-	7:44	-	2	1:14	7	1:14	0.75	44:38	-	2	10:37	7	10:37	
Zwischen Rad 1	-	11:04	-	2	1:31	5	1:31	0.75	55:42	-	2	12:08	7	12:08	
Zwischen Rad 2	-	7:33	-	2	0:58	6	0:58	0.75	1:03:15	-	2	13:06	7	13:06	
Zwischen Rad 1	-	11:32	-	2	1:33	6	1:33	0.75	1:14:47	-	2	14:39	7	14:39	
Zwischen Rad 2	-	7:36	-	2	0:43	6	0:43	0.75	1:22:23	-	2	15:22	7	15:22	
Rad	29.00	3:28	0:07	1	-	5	0:25	29.75	1:25:51	2:53	2	15:07	7	15:07	
Zwischen Lauf 1	-	13:42	-	2	2:15	5	2:15	29.75	1:39:33	-	2	17:22	7	17:22	
Zwischen Lauf 2	-	2:00	-	2	0:39	7	1:13	29.75	1:41:33	-	2	18:01	7	18:01	
Zwischen Lauf 3	-	1:09	-	1	-	4	0:42	29.75	1:42:42	-	2	18:01	7	18:01	
Zwischen Lauf 2	-	7:34	-	2	1:26	5	1:26	29.75	1:50:16	-	2	19:27	7	19:27	
Strafzeit	-	fehlt!	-	-	-	-	-	29.75	-	-	-	-	-	-	
Lauf	7.50	19:23	2:35	2	3:00	6	3:15	37.25	2:09:39	3:28	2	22:27	7	22:27	