



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

Detailed evaluation

Starke, Alexandra

Total time: 1:22:13

Number: 52

Speed: 18.65 km/h

Running performance: 3:13 min/km

Course: 25.55 km

Rank in course/Total: 57 (of 119)

Jedermann-Triathlon (0,55-20,0-5,0)

Rank in course/Women: 9 (of 32)

Best time in course: 1:09:39

Category:

Rank in category: 3(of 7)

AK4 weiblich

Best time in the category: 1:11:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.55	16:00	29:05	3	3:12	12	4:42	0.55	16:00	29:05	3	3:12	20	
Zwischen Rad 1	-	13:00	-	3	1:41	13	1:50	0.55	29:00	-	3	4:47	20	
Zwischen Rad 2	-	6:48	-	3	0:24	6	0:24	0.55	35:48	-	3	4:46	20	
Zwischen Rad 1	-	10:09	-	3	0:57	8	0:57	0.55	45:57	-	3	5:43	20	
Zwischen Rad 2	-	6:46	-	2	0:09	4	0:09	0.55	52:43	-	3	5:27	20	
Rad	20.00	3:41	0:11	4	0:29	15	0:48	20.55	56:24	2:44	3	5:45	20	
Zwischen Lauf 1	-	12:53	-	4	2:49	12	2:49	20.55	1:09:17	-	3	8:32	20	
Zwischen Lauf 2	-	9:14	-	3	1:40	9	1:40	20.55	1:18:31	-	3	10:10	20	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	3:42	0:44	3	2:40	7	2:40	25.55	1:22:13	3:13	3	10:45	10	25:46