



3. Sparkasse Charity Triathlon Bidingen Bidingen / 16.06.2013

Detailed evaluation

Metzeld, Sven Markus

Club: Bidingen Turnerschaft 1862 e.V.
Number: 31

Course: 25.55 km
Jedermann-Triathlon (0,55-20,0-5,0)

Category:
Senioren 2 MK45

Total time: 1:47:56

Speed: 13.90 km/h
Running performance: 4:13 min/km

Rank in course/Total: 111 (of 119)

Rank in course/Men: 83 (of 87)

Best time in course: 1:02:44

Rank in category: 28(of 28)

Best time in the category: 1:02:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.55	17:52	32:29	21	7:56	67	7:56	0.55	17:52	32:29	29	6:36	88	
Zwischen Rad 1	-	14:10	-	25	4:07	71	4:21	0.55	32:02	-	29	10:43	88	
Zwischen Rad 2	-	7:30	-	25	1:48	67	1:48	0.55	39:32	-	29	12:31	87	
Zwischen Rad 1	-	11:41	-	25	3:29	68	3:46	0.55	51:13	-	29	15:48	87	
Zwischen Rad 2	-	7:39	-	24	2:00	68	2:03	0.55	58:52	-	29	17:48	87	
Rad	20.00	23:41	1:11	28	20:58	86	21:10	20.55	1:22:33	4:01	29	38:46	87	13:27
Zwischen Lauf 1	-	12:05	-	14	2:46	45	3:06	20.55	1:34:38	-	29	40:06	87	12:02
Zwischen Lauf 2	-	9:40	-	17	2:35	57	2:54	20.55	1:44:18	-	29	42:00	87	11:59
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	3:38	0:43	12	0:47	45	2:44	25.55	1:47:56	4:13	28	45:07	85	1:23:46