



### 3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

#### Detailed evaluation

Hookway, Justine

Total time: 2:19:19

Number: 242

Speed: 15.93 km/h

Running performance: 3:44 min/km

Course: 37.25 km

Rank in course/Total: 40 (of 40)

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Rank in course/Women: 9 (of 9)

Best time in course: 1:47:12

Category:

Rank in category: 2(of 2)

Seniorinnen 1 WK40

Best time in the category: 1:55:44

| Control         | Intermediate times |            |              |          |             |           |              | Stage score |            |              |          | Total ranking |           |              |  |
|-----------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|-------------|------------|--------------|----------|---------------|-----------|--------------|--|
|                 | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km    | Total Time | Total min/km | Pos Cat. | Behind Cat.   | Pos Women | Behind Women |  |
| Schwimmen       | 0.75               | 22:10      | 29:33        | 2        | 1:47        | 7         | 6:55         | 0.75        | 22:10      | 29:33        | 2        | 1:47          | 9         | 6:12         |  |
| Zwischen Rad 1  | -                  | 15:38      | -            | 2        | 3:07        | 9         | 4:05         | 0.75        | 37:48      | -            | 2        | 4:54          | 9         | 10:17        |  |
| Zwischen Rad 2  | -                  | 8:07       | -            | 2        | 0:56        | 9         | 1:37         | 0.75        | 45:55      | -            | 2        | 5:50          | 9         | 11:54        |  |
| Zwischen Rad 1  | -                  | 12:40      | -            | 2        | 2:27        | 9         | 3:07         | 0.75        | 58:35      | -            | 2        | 8:17          | 9         | 15:01        |  |
| Zwischen Rad 2  | -                  | 7:58       | -            | 2        | 0:39        | 9         | 1:23         | 0.75        | 1:06:33    | -            | 2        | 8:56          | 9         | 16:24        |  |
| Zwischen Rad 1  | -                  | 12:47      | -            | 2        | 2:34        | 9         | 2:48         | 0.75        | 1:19:20    | -            | 2        | 11:30         | 9         | 19:12        |  |
| Zwischen Rad 2  | -                  | 8:05       | -            | 2        | 0:46        | 9         | 1:12         | 0.75        | 1:27:25    | -            | 2        | 12:16         | 9         | 20:24        |  |
| Rad             | 29.00              | 5:33       | 0:11         | 2        | 2:30        | 9         | 2:30         | 29.75       | 1:32:58    | 3:07         | 2        | 14:46         | 9         | 22:14        |  |
| Zwischen Lauf 1 | -                  | 14:34      | -            | 2        | 2:29        | 6         | 3:07         | 29.75       | 1:47:32    | -            | 2        | 17:15         | 9         | 25:21        |  |
| Zwischen Lauf 2 | -                  | 1:01       | -            | 2        | 0:14        | 2         | 0:14         | 29.75       | 1:48:33    | -            | 2        | 17:29         | 9         | 25:01        |  |
| Zwischen Lauf 3 | -                  | 2:09       | -            | 2        | 0:15        | 9         | 1:42         | 29.75       | 1:50:42    | -            | 2        | 17:44         | 9         | 26:01        |  |
| Zwischen Lauf 2 | -                  | 9:10       | -            | 2        | 2:47        | 9         | 3:02         | 29.75       | 1:59:52    | -            | 2        | 20:31         | 9         | 29:03        |  |
| Strafzeit       | -                  | fehlt!     | -            | -        | -           | -         | -            | 29.75       | -          | -            | -        | -             | -         | -            |  |
| Lauf            | 7.50               | 19:27      | 2:35         | 2        | 3:04        | 7         | 3:19         | 37.25       | 2:19:19    | 3:44         | 2        | 23:35         | 9         | 32:07        |  |