



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Hookway, Justine

Total time: 2:19:19

Number: 242

Speed: 15.93 km/h

Running performance: 3:44 min/km

Course: 37.25 km

Rank in course/Total: 40 (of 40)

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Rank in course/Women: 9 (of 9)

Best time in course: 1:47:12

Category:

Rank in category: 2(of 2)

Seniorinnen 1 WK40

Best time in the category: 1:55:44

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.75	22:10	29:33	2	1:47	7	6:55	0.75	22:10	29:33	2	1:47	9	6:12	
Zwischen Rad 1	-	15:38	-	2	3:07	9	4:05	0.75	37:48	-	2	4:54	9	10:17	
Zwischen Rad 2	-	8:07	-	2	0:56	9	1:37	0.75	45:55	-	2	5:50	9	11:54	
Zwischen Rad 1	-	12:40	-	2	2:27	9	3:07	0.75	58:35	-	2	8:17	9	15:01	
Zwischen Rad 2	-	7:58	-	2	0:39	9	1:23	0.75	1:06:33	-	2	8:56	9	16:24	
Zwischen Rad 1	-	12:47	-	2	2:34	9	2:48	0.75	1:19:20	-	2	11:30	9	19:12	
Zwischen Rad 2	-	8:05	-	2	0:46	9	1:12	0.75	1:27:25	-	2	12:16	9	20:24	
Rad	29.00	5:33	0:11	2	2:30	9	2:30	29.75	1:32:58	3:07	2	14:46	9	22:14	
Zwischen Lauf 1	-	14:34	-	2	2:29	6	3:07	29.75	1:47:32	-	2	17:15	9	25:21	
Zwischen Lauf 2	-	1:01	-	2	0:14	2	0:14	29.75	1:48:33	-	2	17:29	9	25:01	
Zwischen Lauf 3	-	2:09	-	2	0:15	9	1:42	29.75	1:50:42	-	2	17:44	9	26:01	
Zwischen Lauf 2	-	9:10	-	2	2:47	9	3:02	29.75	1:59:52	-	2	20:31	9	29:03	
Strafzeit	-	fehlt!	-	-	-	-	-	29.75	-	-	-	-	-	-	
Lauf	7.50	19:27	2:35	2	3:04	7	3:19	37.25	2:19:19	3:44	2	23:35	9	32:07	