



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Buch, Tamara

Club: DZ BANK Runners
Number: 51

Course: 25.55 km
Jedermann-Triathlon (0,55-20,0-5,0)

Category:
AK4 weiblich

Total time: 1:24:49

Speed: 17.69 km/h
Running performance: 3:19 min/km

Rank in course/Total: 68 (of 119)

Rank in course/Women: 13 (of 32)

Best time in course: 1:09:39

Rank in category: 4(of 7)

Best time in the category: 1:11:28

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.55 | 16:57 | 30:49 | 5 | 4:09 | 21 | 5:39 | 0.55 | 16:57 | 30:49 | 4 | 4:09 | 18 | |
| Zwischen Rad 1 | - | 13:27 | - | 4 | 2:08 | 18 | 2:17 | 0.55 | 30:24 | - | 4 | 6:11 | 18 | 0:05 |
| Zwischen Rad 2 | - | 6:47 | - | 2 | 0:23 | 4 | 0:23 | 0.55 | 37:11 | - | 4 | 6:09 | 18 | |
| Zwischen Rad 1 | - | 11:07 | - | 4 | 1:55 | 15 | 1:55 | 0.55 | 48:18 | - | 4 | 8:04 | 18 | 0:29 |
| Zwischen Rad 2 | - | 6:52 | - | 3 | 0:15 | 6 | 0:15 | 0.55 | 55:10 | - | 4 | 7:54 | 18 | |
| Rad | 20.00 | 3:47 | 0:11 | 5 | 0:35 | 18 | 0:54 | 20.55 | 58:57 | 2:52 | 4 | 8:18 | 18 | |
| Zwischen Lauf 1 | - | 12:45 | - | 3 | 2:41 | 11 | 2:41 | 20.55 | 1:11:42 | - | 4 | 10:57 | 18 | |
| Zwischen Lauf 2 | - | 9:16 | - | 4 | 1:42 | 10 | 1:42 | 20.55 | 1:20:58 | - | 4 | 12:37 | 18 | |
| Strafzeit | - | fehlt! | - | - | - | - | - | 20.55 | - | - | - | - | - | - |
| Lauf | 5.00 | 3:51 | 0:46 | 4 | 2:49 | 11 | 2:49 | 25.55 | 1:24:49 | 3:19 | 4 | 13:21 | 14 | 28:22 |