



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Buch, Tamara

Club: DZ BANK Runners
Number: 51

Course: 25.55 km
Jedermann-Triathlon (0,55-20,0-5,0)

Category:
AK4 weiblich

Total time: 1:24:49

Speed: 17.69 km/h
Running performance: 3:19 min/km

Rank in course/Total: 68 (of 119)

Rank in course/Women: 13 (of 32)

Best time in course: 1:09:39

Rank in category: 4(of 7)

Best time in the category: 1:11:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.55	16:57	30:49	5	4:09	21	5:39	0.55	16:57	30:49	4	4:09	18	
Zwischen Rad 1	-	13:27	-	4	2:08	18	2:17	0.55	30:24	-	4	6:11	18	0:05
Zwischen Rad 2	-	6:47	-	2	0:23	4	0:23	0.55	37:11	-	4	6:09	18	
Zwischen Rad 1	-	11:07	-	4	1:55	15	1:55	0.55	48:18	-	4	8:04	18	0:29
Zwischen Rad 2	-	6:52	-	3	0:15	6	0:15	0.55	55:10	-	4	7:54	18	
Rad	20.00	3:47	0:11	5	0:35	18	0:54	20.55	58:57	2:52	4	8:18	18	
Zwischen Lauf 1	-	12:45	-	3	2:41	11	2:41	20.55	1:11:42	-	4	10:57	18	
Zwischen Lauf 2	-	9:16	-	4	1:42	10	1:42	20.55	1:20:58	-	4	12:37	18	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	3:51	0:46	4	2:49	11	2:49	25.55	1:24:49	3:19	4	13:21	14	28:22