



### 3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

#### Detailed evaluation

hamel, carmen

Club: Ortenberg

Number: 55

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

Seniorinnen 3 WK50

Total time: 1:27:34

Speed: 17.13 km/h

Running performance: 3:26 min/km

Rank in course/Total: 77 (of 119)

Rank in course/Women: 16 (of 32)

Best time in course: 1:09:39

Rank in category: 1(of 2)

Best time in the category: 1:27:34

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.55	16:43	30:23	1	-	20	5:25	0.55	16:43	30:23	1	-	15	
Zwischen Rad 1	-	13:16	-	1	-	15	2:06	0.55	29:59	-	1	-	15	
Zwischen Rad 2	-	7:48	-	1	-	19	1:24	0.55	37:47	-	1	-	15	0:33
Zwischen Rad 1	-	10:18	-	1	-	9	1:06	0.55	48:05	-	1	-	15	0:16
Zwischen Rad 2	-	7:35	-	1	-	18	0:58	0.55	55:40	-	1	-	15	0:28
Rad	20.00	3:58	0:11	1	-	23	1:05	20.55	59:38	2:54	1	-	15	0:36
Zwischen Lauf 1	-	14:03	-	1	-	18	3:59	20.55	1:13:41	-	1	-	15	1:45
Zwischen Lauf 2	-	10:02	-	1	-	15	2:28	20.55	1:23:43	-	1	-	14	2:21
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	3:51	0:46	1	-	11	2:49	25.55	1:27:34	3:25	1	-	17	31:07