



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Groth, Nicola

Club: Ortenberg
Number: 90

Course: 25.55 km
Jedermann-Triathlon (0,55-20,0-5,0)

Category:
AK4 weiblich

Total time: 1:31:39

Speed: 16.37 km/h
Running performance: 3:35 min/km

Rank in course/Total: 86 (of 119)

Rank in course/Women: 19 (of 32)

Best time in course: 1:09:39

Rank in category: 5(of 7)

Best time in the category: 1:11:28

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.55	14:42	26:43	2	1:54	8	3:24	0.55	14:42	26:43	5	1:54	12		
Zwischen Rad 1	-	14:29	-	6	3:10	21	3:19	0.55	29:11	-	5	4:58	12		
Zwischen Rad 2	-	8:06	-	6	1:42	25	1:42	0.55	37:17	-	5	6:15	12	0:03	
Zwischen Rad 1	-	11:47	-	5	2:35	19	2:35	0.55	49:04	-	5	8:50	12	1:15	
Zwischen Rad 2	-	8:02	-	6	1:25	23	1:25	0.55	57:06	-	5	9:50	12	1:54	
Rad	20.00	3:58	0:11	6	0:46	23	1:05	20.55	1:01:04	2:58	5	10:25	12	2:02	
Zwischen Lauf 1	-	14:18	-	5	4:14	19	4:14	20.55	1:15:22	-	5	14:37	12	3:26	
Zwischen Lauf 2	-	11:45	-	6	4:11	24	4:11	20.55	1:27:07	-	5	18:46	12	5:45	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-	
Lauf	5.00	4:32	0:54	5	3:30	21	3:30	25.55	1:31:39	3:35	5	20:11	20	35:12	