



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Faust, Rüdiger

Club: Büdingen
Number: 138

Course: 25.55 km
Jedermann-Triathlon (0,55-20,0-5,0)

Category:
AK3 männlich

Total time: 1:10:58

Speed: 21.14 km/h
Running performance: 2:47 min/km

Rank in course/Total: 22 (of 119)

Rank in course/Men: 21 (of 87)

Best time in course: 1:02:44

Rank in category: 4(of 10)

Best time in the category: 1:02:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.55	14:33	26:27	4	4:26	35	4:37	0.55	14:33	26:27	11		88	
Zwischen Rad 1	-	10:04	-	1	-	6	0:15	0.55	24:37	-	11		88	
Zwischen Rad 2	-	5:58	-	2	0:13	11	0:16	0.55	30:35	-	11		87	
Zwischen Rad 1	-	8:07	-	1	-	3	0:12	0.55	38:42	-	11		87	
Zwischen Rad 2	-	6:08	-	2	0:23	16	0:32	0.55	44:50	-	11		87	
Rad	20.00	2:58	0:08	3	0:13	18	0:27	20.55	47:48	2:19	11		87	
Zwischen Lauf 1	-	11:16	-	6	1:43	31	2:17	20.55	59:04	-	11		87	
Zwischen Lauf 2	-	8:35	-	6	1:33	33	1:49	20.55	1:07:39	-	11	0:29	87	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	3:19	0:39	6	0:53	28	2:25	25.55	1:10:58	2:46	4	8:14	22	46:48