



3. Sparkasse Charity Triathlon Bidingen Bidingen / 16.06.2013

Detailed evaluation

Mörchen, Judith

Club: Schöneck

Number: 85

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

AK3 weiblich

Total time: 1:36:29

Speed: 15.55 km/h

Running performance: 3:47 min/km

Rank in course/Total: 95 (of 119)

Rank in course/Women: 23 (of 32)

Best time in course: 1:09:39

Rank in category: 7(of 9)

Best time in the category: 1:19:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.55	14:13	25:50	1	-	4	2:55	0.55	14:13	25:50	10	-	9	-
Zwischen Rad 1	-	16:04	-	8	4:14	27	4:54	0.55	30:17	-	10	2:28	9	-
Zwischen Rad 2	-	8:50	-	8	2:08	28	2:26	0.55	39:07	-	10	4:27	9	1:53
Zwischen Rad 1	-	12:57	-	8	3:14	24	3:45	0.55	52:04	-	10	6:14	9	4:15
Zwischen Rad 2	-	8:42	-	8	2:03	28	2:05	0.55	1:00:46	-	10	7:47	9	5:34
Rad	20.00	3:51	0:11	8	0:40	21	0:58	20.55	1:04:37	3:08	10	8:10	9	5:35
Zwischen Lauf 1	-	15:03	-	7	3:04	24	4:59	20.55	1:19:40	-	9	10:36	9	7:44
Zwischen Lauf 2	-	11:59	-	7	3:06	25	4:25	20.55	1:31:39	-	9	12:31	9	10:17
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	4:50	0:57	7	1:17	25	3:48	25.55	1:36:29	3:46	8	40:02	24	40:02