



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

Detailed evaluation

Leonhardt, Dirk

Club: www.frankfurtvideo.de

Number: 124

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

AK3 männlich

Total time: 1:14:10

Speed: 20.22 km/h

Running performance: 2:54 min/km

Rank in course/Total: 31 (of 119)

Rank in course/Men: 28 (of 87)

Best time in course: 1:02:44

Rank in category: 5(of 10)

Best time in the category: 1:02:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.55	12:56	23:30	2	2:49	18	3:00	0.55	12:56	23:30	11		88	
Zwischen Rad 1	-	12:13	-	6	2:09	44	2:24	0.55	25:09	-	11		88	
Zwischen Rad 2	-	6:31	-	5	0:46	30	0:49	0.55	31:40	-	11		87	
Zwischen Rad 1	-	10:08	-	7	2:01	44	2:13	0.55	41:48	-	11	0:48	87	
Zwischen Rad 2	-	6:39	-	5	0:54	32	1:03	0.55	48:27	-	11	1:09	87	
Rad	20.00	3:10	0:09	4	0:25	26	0:39	20.55	51:37	2:30	11	1:02	87	
Zwischen Lauf 1	-	11:05	-	5	1:32	28	2:06	20.55	1:02:42	-	11	2:34	87	
Zwischen Lauf 2	-	8:10	-	5	1:08	25	1:24	20.55	1:10:52	-	11	3:42	87	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	3:18	0:39	5	0:52	27	2:24	25.55	1:14:10	2:54	5	11:26	29	50:00