



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

van Grevenstein, Marieke

Club: Frankfurt Main

Number: 84

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

Seniorinnen 4 WK55

Total time: 1:47:46

Speed: 13.92 km/h

Running performance: 4:13 min/km

Rank in course/Total: 110 (of 119)

Rank in course/Women: 28 (of 32)

Best time in course: 1:09:39

Rank in category: 1(of 1)

Best time in the category: 1:47:46

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.55 | 20:30 | 37:16 | 1 | - | 30 | 9:12 | 0.55 | 20:30 | 37:16 | 1 | - | 5 | 3:04 |
| Zwischen Rad 1 | - | 17:34 | - | 1 | - | 29 | 6:24 | 0.55 | 38:04 | - | 1 | - | 5 | 7:45 |
| Zwischen Rad 2 | - | 9:18 | - | 1 | - | 29 | 2:54 | 0.55 | 47:22 | - | 1 | - | 5 | 10:08 |
| Zwischen Rad 1 | - | 15:27 | - | 1 | - | 30 | 6:15 | 0.55 | 1:02:49 | - | 1 | - | 5 | 15:00 |
| Zwischen Rad 2 | - | 9:31 | - | 1 | - | 29 | 2:54 | 0.55 | 1:12:20 | - | 1 | - | 5 | 17:08 |
| Rad | 20.00 | 4:22 | 0:13 | 1 | - | 26 | 1:29 | 20.55 | 1:16:42 | 3:43 | 1 | - | 5 | 17:40 |
| Zwischen Lauf 1 | - | 14:56 | - | 1 | - | 23 | 4:52 | 20.55 | 1:31:38 | - | 1 | - | 5 | 19:42 |
| Zwischen Lauf 2 | - | 11:18 | - | 1 | - | 20 | 3:44 | 20.55 | 1:42:56 | - | 1 | - | 5 | 21:34 |
| Strafzeit | - | fehlt! | - | - | - | - | - | 20.55 | - | - | - | - | - | - |
| Lauf | 5.00 | 4:50 | 0:57 | 1 | - | 25 | 3:48 | 25.55 | 1:47:46 | 4:13 | 1 | - | 29 | 51:19 |