



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

van Grevenstein, Marieke

Club: Frankfurt Main

Number: 84

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

Seniorinnen 4 WK55

Total time: 1:47:46

Speed: 13.92 km/h

Running performance: 4:13 min/km

Rank in course/Total: 110 (of 119)

Rank in course/Women: 28 (of 32)

Best time in course: 1:09:39

Rank in category: 1(of 1)

Best time in the category: 1:47:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.55	20:30	37:16	1	-	30	9:12	0.55	20:30	37:16	1	-	5	3:04
Zwischen Rad 1	-	17:34	-	1	-	29	6:24	0.55	38:04	-	1	-	5	7:45
Zwischen Rad 2	-	9:18	-	1	-	29	2:54	0.55	47:22	-	1	-	5	10:08
Zwischen Rad 1	-	15:27	-	1	-	30	6:15	0.55	1:02:49	-	1	-	5	15:00
Zwischen Rad 2	-	9:31	-	1	-	29	2:54	0.55	1:12:20	-	1	-	5	17:08
Rad	20.00	4:22	0:13	1	-	26	1:29	20.55	1:16:42	3:43	1	-	5	17:40
Zwischen Lauf 1	-	14:56	-	1	-	23	4:52	20.55	1:31:38	-	1	-	5	19:42
Zwischen Lauf 2	-	11:18	-	1	-	20	3:44	20.55	1:42:56	-	1	-	5	21:34
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	4:50	0:57	1	-	25	3:48	25.55	1:47:46	4:13	1	-	29	51:19