



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Pless, Holger

Club: Ober-Mörlen
Number: 129

Course: 25.55 km
Jedermann-Triathlon (0,55-20,0-5,0)

Category:
Senioren 2 MK45

Total time: 1:22:52

Speed: 18.10 km/h
Running performance: 3:14 min/km

Rank in course/Total: 61 (of 119)

Rank in course/Men: 52 (of 87)

Best time in course: 1:02:44

Rank in category: 15(of 28)

Best time in the category: 1:02:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.55	14:50	26:58	13	4:54	40	4:54	0.55	14:50	26:58	6	3:34	88	
Zwischen Rad 1	-	12:47	-	14	2:44	53	2:58	0.55	27:37	-	6	6:18	88	
Zwischen Rad 2	-	7:03	-	17	1:21	51	1:21	0.55	34:40	-	6	7:39	87	
Zwischen Rad 1	-	11:03	-	19	2:51	58	3:08	0.55	45:43	-	6	10:18	87	
Zwischen Rad 2	-	6:51	-	13	1:12	41	1:15	0.55	52:34	-	6	11:30	87	
Rad	20.00	3:55	0:11	19	1:12	64	1:24	20.55	56:29	2:44	6	12:42	87	
Zwischen Lauf 1	-	12:36	-	18	3:17	56	3:37	20.55	1:09:05	-	6	14:33	87	
Zwischen Lauf 2	-	9:42	-	19	2:37	59	2:56	20.55	1:18:47	-	6	16:29	87	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	4:05	0:49	22	1:14	66	3:11	25.55	1:22:52	3:14	15	20:03	54	58:42