



3. Sparkasse Charity Triathlon Büdingen Büdingen / 16.06.2013

Detailed evaluation

Harbering, Johannes

Club: Bocholter WSV

Number: 212

Course: 37.25 km

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Category:

AK3 männlich

Total time: 1:28:28

Speed: 25.09 km/h

Running performance: 2:22 min/km

Rank in course/Total: 2 (of 40)

Rank in course/Men: 2 (of 31)

Best time in course: 1:28:18

Rank in category: 1(of 5)

Best time in the category: 1:28:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.75	13:55	18:33	2	0:18	2	0:18	0.75	13:55	18:33	1	-	31	
Zwischen Rad 1	-	10:18	-	1	-	3	0:25	0.75	24:13	-	1	-	31	
Zwischen Rad 2	-	5:44	-	1	-	1	-	0.75	29:57	-	1	-	31	
Zwischen Rad 1	-	8:05	-	1	-	3	0:02	0.75	38:02	-	1	-	31	
Zwischen Rad 2	-	5:46	-	1	-	1	-	0.75	43:48	-	1	-	31	
Zwischen Rad 1	-	8:12	-	3	0:06	5	0:06	0.75	52:00	-	1	-	31	
Zwischen Rad 2	-	5:49	-	1	-	3	0:01	0.75	57:49	-	1	-	31	
Rad	29.00	2:34	0:05	2	0:04	3	0:04	29.75	1:00:23	2:01	1	-	31	
Zwischen Lauf 1	-	8:58	-	1	-	1	-	29.75	1:09:21	-	1	-	31	
Zwischen Lauf 2	-	0:42	-	2	0:06	4	0:36	29.75	1:10:03	-	1	-	17	
Zwischen Lauf 3	-	1:22	-	3	1:11	16	1:11	29.75	1:11:25	-	1	-	31	
Zwischen Lauf 2	-	4:49	-	1	-	1	-	29.75	1:16:14	-	1	-	31	
Strafzeit	-	fehlt!	-	-	-	-	-	29.75	-	-	-	-	-	-
Lauf	7.50	12:14	1:37	1	-	2	7:35	37.25	1:28:28	2:22	1	-	2	0:10