



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

Detailed evaluation

Gogol, Hartmut

Club: Triathlon Wetterau

Number: 210

Course: 37.25 km

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Category:

Senioren 2 MK45

Total time: 1:36:15

Speed: 23.06 km/h

Running performance: 2:35 min/km

Rank in course/Total: 6 (of 40)

Rank in course/Men: 6 (of 31)

Best time in course: 1:28:18

Rank in category: 1(of 9)

Best time in the category: 1:36:15

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.75	17:04	22:45	2	1:06	11	3:27	0.75	17:04	22:45	1	-	27	1:06	
Zwischen Rad 1	-	12:06	-	4	0:34	16	2:13	0.75	29:10	-	1	-	27	0:40	
Zwischen Rad 2	-	6:24	-	2	0:01	12	0:40	0.75	35:34	-	1	-	27	0:20	
Zwischen Rad 1	-	9:25	-	2	0:08	12	1:22	0.75	44:59	-	1	-	27		
Zwischen Rad 2	-	6:37	-	1	-	13	0:51	0.75	51:36	-	1	-	27		
Zwischen Rad 1	-	9:30	-	2	0:08	15	1:24	0.75	1:01:06	-	1	-	27		
Zwischen Rad 2	-	6:40	-	3	0:04	17	0:52	0.75	1:07:46	-	1	-	27		
Rad	29.00	3:04	0:06	1	-	8	0:34	29.75	1:10:50	2:22	1	-	27		
Zwischen Lauf 1	-	11:04	-	1	-	12	2:06	29.75	1:21:54	-	1	-	27		
Zwischen Lauf 2	-	1:00	-	2	0:14	12	0:54	29.75	1:22:54	-	1	-	27		
Zwischen Lauf 3	-	1:40	-	8	0:59	23	1:29	29.75	1:24:34	-	1	-	27		
Zwischen Lauf 2	-	7:02	-	8	1:23	25	2:13	29.75	1:31:36	-	1	-	27		
Strafzeit	-	fehlt!	-	-	-	-	-	29.75	-	-	-	-	-	-	
Lauf	7.50	4:39	0:37	1	-	1	-	37.25	1:36:15	2:35	1	-	6	7:57	