



3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

Detailed evaluation

Cappon, Pieter

Club: Brandloyalty

Number: 21

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

AK1 männlich

Total time: 1:08:51

Speed: 22.27 km/h

Running performance: 2:41 min/km

Rank in course/Total: 16 (of 119)

Rank in course/Men: 16 (of 87)

Best time in course: 1:02:44

Rank in category: 2(of 7)

Best time in the category: 1:03:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.55	15:04	27:23	3	3:54	44	5:08	0.55	15:04	27:23	2	2:40	88	
Zwischen Rad 1	-	9:58	-	1	-	2	0:09	0.55	25:02	-	2	2:38	88	
Zwischen Rad 2	-	6:46	-	2	1:00	36	1:04	0.55	31:48	-	2	3:38	87	
Zwischen Rad 1	-	8:21	-	2	0:19	9	0:26	0.55	40:09	-	2	3:57	87	
Zwischen Rad 2	-	6:25	-	2	0:40	24	0:49	0.55	46:34	-	2	4:37	87	
Rad	20.00	3:47	0:11	5	1:10	54	1:16	20.55	50:21	2:27	2	5:47	87	
Zwischen Lauf 1	-	8:59	-	1	-	1	-	20.55	59:20	-	2	5:20	87	
Zwischen Lauf 2	-	6:46	-	1	-	1	-	20.55	1:06:06	-	2	5:12	87	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	2:45	0:33	3	1:51	4	1:51	25.55	1:08:51	2:41	2	5:18	17	44:41