



3. Sparkasse Charity Triathlon Bidingen Bidingen / 16.06.2013

Detailed evaluation

Schneider, Lothar

Club: KG Wittgenborn
Number: 38

Course: 25.55 km
Jedermann-Triathlon (0,55-20,0-5,0)

Category:
Senioren 2 MK45

Total time: 1:13:17

Speed: 20.47 km/h
Running performance: 2:52 min/km

Rank in course/Total: 28 (of 119)

Rank in course/Men: 25 (of 87)

Best time in course: 1:02:44

Rank in category: 8(of 28)

Best time in the category: 1:02:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.55	13:24	24:21	6	3:28	21	3:28	0.55	13:24	24:21	29	2:08	88	
Zwischen Rad 1	-	10:49	-	6	0:46	18	1:00	0.55	24:13	-	29	2:54	88	
Zwischen Rad 2	-	5:53	-	3	0:11	8	0:11	0.55	30:06	-	29	3:05	87	
Zwischen Rad 1	-	8:55	-	7	0:43	22	1:00	0.55	39:01	-	29	3:36	87	
Zwischen Rad 2	-	6:05	-	5	0:26	13	0:29	0.55	45:06	-	29	4:02	87	
Rad	20.00	3:08	0:09	7	0:25	23	0:37	20.55	48:14	2:20	29	4:27	87	
Zwischen Lauf 1	-	11:24	-	9	2:05	32	2:25	20.55	59:38	-	29	5:06	87	
Zwischen Lauf 2	-	8:24	-	9	1:19	29	1:38	20.55	1:08:02	-	29	5:44	87	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	5:15	1:03	28	2:24	85	4:21	25.55	1:13:17	2:52	8	10:28	26	49:07