



### 3. Sparkasse Charity Triathlon Bidingen Bidingen / 16.06.2013

#### Detailed evaluation

**Borgioli, Stefano**

Club: Podistica Solidarieta  
Number: 204

Course: 37.25 km

Jedermann-Triathlon Power-Distanz (0,75-29,0-7,5)

Category:

Senioren 2 MK45

Total time: 1:50:50

Speed: 20.17 km/h

Running performance: 2:59 min/km

Rank in course/Total: 17 (of 40)

Rank in course/Men: 16 (of 31)

Best time in course: 1:28:18

Rank in category: 5(of 9)

Best time in the category: 1:36:15

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.75	15:58	21:17	1	-	7	2:21	0.75	15:58	21:17	5	-	1	-	
Zwischen Rad 1	-	12:32	-	7	1:00	22	2:39	0.75	28:30	-	5	-	1	-	
Zwischen Rad 2	-	6:44	-	5	0:21	18	1:00	0.75	35:14	-	5	-	1	-	
Zwischen Rad 1	-	10:22	-	8	1:05	25	2:19	0.75	45:36	-	5	0:37	1	-	
Zwischen Rad 2	-	6:49	-	3	0:12	16	1:03	0.75	52:25	-	5	0:49	1	-	
Zwischen Rad 1	-	10:31	-	8	1:09	25	2:25	0.75	1:02:56	-	5	1:50	1	-	
Zwischen Rad 2	-	6:50	-	5	0:14	19	1:02	0.75	1:09:46	-	5	2:00	1	-	
Rad	29.00	4:06	0:08	8	1:02	27	1:36	29.75	1:13:52	2:28	2	3:02	1	-	
Zwischen Lauf 1	-	11:54	-	6	0:50	21	2:56	29.75	1:25:46	-	5	3:52	1	-	
Zwischen Lauf 2	-	1:57	-	8	1:11	27	1:51	29.75	1:27:43	-	5	4:49	1	-	
Zwischen Lauf 3	-	0:41	-	1	-	2	0:30	29.75	1:28:24	-	5	3:50	1	-	
Zwischen Lauf 2	-	6:16	-	5	0:37	18	1:27	29.75	1:34:40	-	5	3:04	1	-	
Strafzeit	-	fehlt!	-	-	-	-	-	29.75	-	-	-	-	-	-	
Lauf	7.50	16:10	2:09	6	11:31	21	11:31	37.25	1:50:50	2:58	5	14:35	16	22:32	