



### 3. Sparkasse Charity Triathlon Bidingen

Bidingen / 16.06.2013

#### Detailed evaluation

**Slametschka, Rainer**

Club: Erlensee

Number: 341

Course: 48.95 km

Jedermann-Triathlon Olympische Distanz (0.95-38.00-10.00)

Category:

AK4 männlich

Total time: 2:23:08

Speed: 20.12 km/h

Running performance: 2:55 min/km

Rank in course/Total: 27 (of 60)

Rank in course/Men: 24 (of 53)

Best time in course: 1:53:51

Rank in category: 6(of 8)

Best time in the category: 1:55:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.95	22:39	23:50	6	4:16	19	7:49	0.95	22:39	23:50	6	4:16	7	
Zwischen Rad 1	-	11:39	-	5	1:31	25	1:46	0.95	34:18	-	6	5:47	7	
Zwischen Rad 2	-	6:38	-	7	0:55	37	1:03	0.95	40:56	-	6	6:42	7	
Zwischen Rad 1	-	9:21	-	5	1:20	23	1:32	0.95	50:17	-	6	8:02	6	
Zwischen Rad 2	-	6:51	-	8	1:10	45	1:18	0.95	57:08	-	6	9:12	6	
Zwischen Rad 1	-	9:36	-	5	1:37	27	1:45	0.95	1:06:44	-	6	10:47	6	
Zwischen Rad 2	-	7:03	-	8	1:23	50	1:23	0.95	1:13:47	-	6	12:10	6	
Zwischen Rad 1	-	9:28	-	6	1:29	26	1:32	0.95	1:23:15	-	6	13:39	6	
Zwischen Rad 2	-	6:58	-	8	1:19	50	1:19	0.95	1:30:13	-	6	14:56	6	
Rad	38.00	4:29	0:07	8	2:04	46	2:04	38.95	1:34:42	2:25	6	17:00	6	0:27
Zwischen Lauf 1	-	11:26	-	5	2:05	21	2:05	38.95	1:46:08	-	6	19:05	6	0:31
Zwischen Lauf 3	-	2:42	-	6	0:38	35	0:38	38.95	1:48:50	-	6	19:43	6	0:38
Zwischen Lauf 2	-	6:23	-	7	1:27	34	1:27	38.95	1:55:13	-	6	21:10	6	0:51
Zwischen Lauf 3	-	5:53	-	5	1:20	24	1:22	38.95	2:01:06	-	6	22:30	6	
Zwischen Lauf 2	-	6:24	-	6	1:30	28	1:30	38.95	2:07:30	-	6	24:00	6	
Zwischen Lauf 3	-	5:57	-	6	1:22	25	1:22	38.95	2:13:27	-	6	25:22	6	
Zwischen Lauf 2	-	6:19	-	6	1:20	29	6:15	38.95	2:19:46	-	6	26:42	6	
Strafzeit	-	fehlt!	-	-	-	-	-	38.95	-	-	-	-	-	-
Lauf	10.00	3:22	0:20	4	0:42	17	1:37	48.95	2:23:08	2:55	6	27:24	26	1:48:24