



### 3. Sparkasse Charity Triathlon Büdingen

Büdingen / 16.06.2013

#### Detailed evaluation

**Präfke, Ramona**

Club: Brandloyalty

Number: 12

Course: 25.55 km

Jedermann-Triathlon (0,55-20,0-5,0)

Category:

AK3 weiblich

Total time: 1:23:09

Speed: 18.04 km/h

Running performance: 3:15 min/km

Rank in course/Total: 63 (of 119)

Rank in course/Women: 10 (of 32)

Best time in course: 1:09:39

Rank in category: 3(of 9)

Best time in the category: 1:19:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.55	16:21	29:43	6	2:08	16	5:03	0.55	16:21	29:43	2	1:54	33	
Zwischen Rad 1	-	12:08	-	2	0:18	6	0:58	0.55	28:29	-	2	0:40	33	
Zwischen Rad 2	-	6:42	-	1	-	3	0:18	0.55	35:11	-	2	0:31	33	
Zwischen Rad 1	-	10:06	-	2	0:23	6	0:54	0.55	45:17	-	2		33	
Zwischen Rad 2	-	6:44	-	2	0:05	3	0:07	0.55	52:01	-	2		33	
Rad	20.00	3:40	0:11	5	0:29	14	0:47	20.55	55:41	2:42	2		33	
Zwischen Lauf 1	-	13:23	-	5	1:24	15	3:19	20.55	1:09:04	-	1	-	32	
Zwischen Lauf 2	-	10:04	-	5	1:11	16	2:30	20.55	1:19:08	-	1	-	32	
Strafzeit	-	fehlt!	-	-	-	-	-	20.55	-	-	-	-	-	-
Lauf	5.00	4:01	0:48	5	0:28	16	2:59	25.55	1:23:09	3:15	4	26:42	11	26:42