



23. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 21.06.2013

Detailed evaluation

Tauscher, Ralf

Club: LV Limbach 2000

Number: 319

Course: 10.00 km

Volkslauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:03:00

Speed: 9.52 km/h

Running performance: 6:18 min/km

Rank in course/Total: 16 (of 24)

Rank in course/Men: 13 (of 13)

Best time in course: 38:50

Rank in category: 2(of 2)

Best time in the category: 50:44