



23. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 21.06.2013

Detailed evaluation

Noch, Nora

Club: Die blauen Blitze

Number: 316

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:08:48

Speed: 8.72 km/h

Running performance: 6:53 min/km

Rank in course/Total: 21 (of 24)

Rank in course/Women: 8 (of 11)

Best time in course: 51:31

Rank in category: 1(of 1)

Best time in the category: 1:08:48