



## 23. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 21.06.2013

### Detailed evaluation

**Held, Jecliko**

Club: Rotation 1950

Number: 304

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:11:38

Speed: 8.38 km/h

Running performance: 7:10 min/km

Rank in course/Total: 23 (of 24)

Rank in course/Women: 10 (of 11)

Best time in course: 51:31

Rank in category: 1(of 1)

Best time in the category: 1:11:38