



## 23. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 21.06.2013

### Detailed evaluation

**Kruse, Isa**

Club: FSV Lok 'Laufgruppe' Zwickau

Number: 302

Course: 10.00 km

Volkslauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:11:49

Speed: 8.35 km/h

Running performance: 7:11 min/km

Rank in course/Total: 24 (of 24)

Rank in course/Women: 11 (of 11)

Best time in course: 51:31

Rank in category: 1(of 1)

Best time in the category: 1:11:49