



23. Sparkassen-Sonnenwendlauf

Leipzig - Mühlwiese / 21.06.2013

Detailed evaluation

Köppe, Stefan

Club: VFB Rackith

Number: 303

Course: 10.00 km

Volkslauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 56:54

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 11 (of 24)

Rank in course/Men: 10 (of 13)

Best time in course: 38:50

Rank in category: 2(of 2)

Best time in the category: 47:54