



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

GÜ-WE Läufer

Total time: 14:35:32

Number: 129

Speed: 11.74 km/h

Running performance: 5:07 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 91 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 72(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:36:59	5:38	135	34:21	189	34:21	17.20	1:36:59	5:38	70	34:19	102	34:19
Schildwiese	20.10	1:40:47	5:00	97	32:51	138	34:25	37.30	3:17:46	5:18	70	1:05:12	102	1:05:12
Neuhaus	15.50	1:23:14	5:22	65	24:12	85	24:12	52.80	4:41:00	5:19	70	1:29:24	102	1:29:24
Masserberg	19.80	1:32:59	4:41	101	29:42	133	29:42	72.60	6:13:59	5:09	70	1:59:00	102	1:59:00
Allzunah	16.80	1:31:50	5:27	74	44:50	98	44:50	89.40	7:45:49	5:12	70	2:24:38	102	2:24:38
Grenzadler	19.80	1:40:43	5:05	86	26:53	118	28:54	109.20	9:26:32	5:11	70	2:51:31	102	2:51:31
Neue Ausspanne	13.80	1:04:46	4:41	34	14:32	40	14:32	123.00	10:31:18	5:07	70	3:05:45	102	3:05:45
Kleiner Inselsber	13.90	1:13:47	5:18	82	23:40	100	23:40	136.90	11:45:05	5:09	70	3:28:10	102	3:28:10
Hohe Sonne	19.70	1:34:30	4:47	72	27:00	96	27:00	156.60	13:19:35	5:06	70	3:55:10	102	3:55:10
Hörschel	14.70	1:15:57	5:10	65	21:59	80	21:59	171.30	14:35:32	5:06	72	4:17:09	91	4:17:09