



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Thüringer Allgemeine

Total time: 14:37:44

Number: 93

Speed: 11.71 km/h

Running performance: 5:07 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 93 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 74(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:18:44	4:34	30	16:06	42	16:06	17.20	1:18:44	4:34	72	16:04	106	16:04
Schildwiese	20.10	1:32:28	4:36	67	24:32	89	26:06	37.30	2:51:12	4:35	72	38:38	106	38:38
Neuhaus	15.50	1:35:51	6:11	130	36:49	178	36:49	52.80	4:27:03	5:03	72	1:15:27	106	1:15:27
Masserberg	19.80	1:23:34	4:13	41	20:17	52	20:17	72.60	5:50:37	4:49	72	1:35:38	106	1:35:38
Allzunah	16.80	1:43:07	6:08	117	56:07	165	56:07	89.40	7:33:44	5:04	72	2:12:33	106	2:12:33
Grenzadler	19.80	1:38:38	4:58	75	24:48	105	26:49	109.20	9:12:22	5:03	72	2:37:21	106	2:37:21
Neue Ausspanne	13.80	1:12:19	5:14	87	22:05	103	22:05	123.00	10:24:41	5:04	72	2:59:08	106	2:59:08
Kleiner Inselsber	13.90	1:11:42	5:09	66	21:35	79	21:35	136.90	11:36:23	5:05	72	3:19:28	106	3:19:28
Hohe Sonne	19.70	1:38:50	5:01	94	31:20	127	31:20	156.60	13:15:13	5:04	72	3:50:48	106	3:50:48
Hörschel	14.70	1:22:31	5:36	102	28:33	130	28:33	171.30	14:37:44	5:07	74	4:19:21	93	4:19:21