



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Die Runster

Total time: 15:40:32

Number: 50

Speed: 10.93 km/h

Running performance: 5:29 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 164 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 30(of 64)

Mixstaffel

Best time in the category: 11:24:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:26:49	5:02	25	17:22	112	24:11	17.20	1:26:49	5:02	62		237	24:09
Schildwiese	20.10	1:45:11	5:13	45	38:49	176	38:49	37.30	3:12:00	5:08	62	1:43	237	59:26
Neuhaus	15.50	1:19:53	5:09	13	10:02	66	20:51	52.80	4:31:53	5:08	62		237	1:20:17
Masserberg	19.80	1:32:56	4:41	26	25:01	131	29:39	72.60	6:04:49	5:01	62		237	1:49:50
Allzunah	16.80	1:50:40	6:35	54	36:57	206	1:03:40	89.40	7:55:29	5:19	62		237	2:34:18
Grenzadler	19.80	1:51:19	5:37	46	39:30	186	39:30	109.20	9:46:48	5:22	62		237	3:11:47
Neue Ausspanne	13.80	1:06:10	4:47	6	10:03	51	15:56	123.00	10:52:58	5:18	62		237	3:27:25
Kleiner Inselsber	13.90	1:21:36	5:52	31	23:31	165	31:29	136.90	12:14:34	5:21	62		237	3:57:39
Hohe Sonne	19.70	1:59:07	6:02	61	49:18	228	51:37	156.60	14:13:41	5:27	62		237	4:49:16
Hörschel	14.70	1:26:51	5:54	32	26:10	162	32:53	171.30	15:40:32	5:29	30	4:15:42	164	5:22:09