



15. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Mühlhäuser Laufcombo

Total time: 14:41:05

Number: 203

Speed: 11.64 km/h

Running performance: 5:08 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 100 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 80(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:28:20	5:08	96	25:42	129	25:42	17.20	1:28:20	5:08	78	25:40	115	25:40
Schildwiese	20.10	1:28:41	4:24	45	20:45	61	22:19	37.30	2:57:01	4:44	78	44:27	115	44:27
Neuhaus	15.50	1:27:19	5:37	95	28:17	123	28:17	52.80	4:24:20	5:00	78	1:12:44	115	1:12:44
Masserberg	19.80	1:31:50	4:38	92	28:33	120	28:33	72.60	5:56:10	4:54	78	1:41:11	115	1:41:11
Allzunah	16.80	1:48:32	6:27	132	1:01:32	192	1:01:32	89.40	7:44:42	5:11	78	2:23:31	115	2:23:31
Grenzadler	19.80	1:46:11	5:21	111	32:21	153	34:22	109.20	9:30:53	5:13	78	2:55:52	115	2:55:52
Neue Ausspanne	13.80	1:06:56	4:51	50	16:42	59	16:42	123.00	10:37:49	5:11	78	3:12:16	115	3:12:16
Kleiner Inselsber	13.90	1:02:36	4:30	17	12:29	23	12:29	136.90	11:40:25	5:06	78	3:23:30	115	3:23:30
Hohe Sonne	19.70	1:30:20	4:35	50	22:50	67	22:50	156.60	13:10:45	5:02	78	3:46:20	115	3:46:20
Hörschel	14.70	1:30:20	6:08	131	36:22	180	36:22	171.30	14:41:05	5:08	80	4:22:42	100	4:22:42