



15. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 22.06.2013

Detailed evaluation

Hainich Heinis

Total time: 14:54:25

Number: 236

Speed: 11.47 km/h

Running performance: 5:13 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 113 (of 236)

Best time in course: 10:18:23

Category:

Rank in category: 90(of 156)

Männerstaffel

Best time in the category: 10:18:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:37:16	5:39	136	34:38	190	34:38	17.20	1:37:16	5:39	88	34:36	126	34:36
Schildwiese	20.10	1:32:07	4:34	65	24:11	86	25:45	37.30	3:09:23	5:04	88	56:49	126	56:49
Neuhaus	15.50	1:42:01	6:34	143	42:59	206	42:59	52.80	4:51:24	5:31	88	1:39:48	126	1:39:48
Masserberg	19.80	1:39:44	5:02	130	36:27	178	36:27	72.60	6:31:08	5:23	88	2:16:09	126	2:16:09
Allzunah	16.80	1:35:07	5:39	89	48:07	121	48:07	89.40	8:06:15	5:26	88	2:45:04	126	2:45:04
Grenzadler	19.80	1:42:38	5:11	95	28:48	129	30:49	109.20	9:48:53	5:23	88	3:13:52	126	3:13:52
Neue Ausspanne	13.80	1:14:29	5:23	99	24:15	119	24:15	123.00	11:03:22	5:23	88	3:37:49	126	3:37:49
Kleiner Inselsber	13.90	1:20:53	5:49	125	30:46	158	30:46	136.90	12:24:15	5:26	88	4:07:20	126	4:07:20
Hohe Sonne	19.70	1:23:25	4:14	18	15:55	28	15:55	156.60	13:47:40	5:17	88	4:23:15	126	4:23:15
Hörschel	14.70	1:06:45	4:32	24	12:47	28	12:47	171.30	14:54:25	5:13	90	4:36:02	113	4:36:02